

Developing 'Career Management Skills' like the ones in the CDI infographic below can help pupils to better navigate their journey through 'life, learning & work'.



Welcome to the December & January edition of our career's newsletter. As always, I hope you find the information both useful and informative. Details of careers events, resources and

opportunities are detailed below. Please contact me using the details at the end of the newsletter if I can be of any further help or support.

Year 8 and 9 STEM Careers Festival



We held our first STEM careers festival on Friday 17th November. Organised in collaboration with the Young Professionals Network of global consultancy and IT firm CG, the day was targeted at Years 8 and 9 and consisted of three parts. Part 1 was a STEM careers festival, and we were joined



by employers and institutions including GCI, the BBC, Network Rail, Waltham Forest College and Queen Mary and Staffordshire University. In total we had nearly 20 stalls and over 40 stallholders to meet and inspire our pupils.

Part 2 was a STEM workshop and debate with the pupils and class teachers, and Part 3 was a talk from some CGI Young Professionals about their career journeys. This was so interesting and engaging that the pupils filled a third of the talk with questions!



Thanks to all involved, including our staff and pupils for a fantastic and inspiring day.

Year 11 updates

A reminder of the steps that your child should be taking to secure their post-16 options can be found on the Connexions next steps timeline on the next page. We would expect that pupils have by now started making applications.

Pupils can research post-16 course options through Unifrog and the National Careers Service Course Finder:

<https://nationalcareers.service.gov.uk/find-a-course>

Unifrog are running a webinar on choosing post-16 options on 12th December. Parents and pupils can sign up [here](#).

Careers appointments

All pupils in Year 11 will have an appointment with our Prospects advisor (some will be seen by the Borough's Connexions advisor) to help them with their post-16 options and choices. This began in the summer term, and we aim for all pupils in the year group to have had an appointment no later than the Easter break next year. If your child would like a priority or urgent appointment, please contact Mr Langford or your child's tutor, who can make an appointment for them.

Upcoming Local College Open Days

[Waltham Forest College](#) - now taking bookings for January open events

[Big Creative Education](#) - 13th December

[Capel Manor College](#) - (Virtual advice session) - 7th December

[Access Creative College](#) now taking bookings for taster and open days from January through to April

Sixth Form Updates

Year 12 Work experience

As you will be aware, we have asked all Year 12 pupils to find their own work experience placement, which will then be checked by the BEP. This will be taking place from 1st to 5th July 2024.

We have set a 'soft' ideal deadline for pupils to find a placement and complete their own placements form of Monday 18th December.

If you or the company/business that you work for are able to offer a placement, please complete this form:

<https://forms.gle/paVSytPHav9WDfzP8>



Careers Events and Opportunities

Springpod Virtual Work Experience (for Year 10 pupils and up)

In-depth, interactive and informative virtual work experiences from industry experts in the world's leading employers.

10-hour placements that you can complete in your own time (within 2 weeks), consisting of engaging talks from industry experts and mini workplace-based activities, projects and quizzes. You will receive a certificate upon completion.

Find out more, sign up for the platform and a placement here: <https://www.springpod.com/virtual-work-experience>

AUGUST - Finish here!

- Check your options in the light of your results
- Enrol with your college or sixth form
- Make sure you now have your national insurance number or ring 0300 200 3500 if you have not got one yet
- If you still have no suitable offers for September, contact the Redbridge Connexions Team on 020 8708 2600 for advice, guidance & support**

JULY

- If going to college, check out date and time for when you need to enrol and what you might need to take to enrolment
- Your exams will now be all over so time to relax and get ready for September
- If you have no suitable offers for September, contact the Redbridge Connexions Team on 020 8708 2600 for advice, guidance & support**

- Start from September
- Finish in August

SEPTEMBER - Start here...

- Think: what do I really want to get out of this year and am I achieving my full potential?
- Find out about the different options you can take. Look on <https://nationalcareersservice.dfe.gov.uk>: Job Profiles, for careers information
- Your Careers Leader / Careers Adviser can help you find all the details you need to help plan your next steps/talk to the right people
- You may be able to speak to a Redbridge Connexions Personal Adviser who can support you with looking at your options and provide more intensive support with your next steps - if you need it. Talk to your Careers Leader to find out when they are in

OCTOBER

- Go on-line, look at sixth form/college courses and apprenticeship/training provider information – apply well before application deadlines
- Start visiting sixth forms/college/ apprenticeship providers at their open days/evenings
- Talk to tutors and students at these events to find out what's on offer and what learning there will really be like!

NOVEMBER

- Use your predicted grades, interests, learning styles and your Career Action Plan to help make your choices
- Talk to your subject teachers about what studying specific subjects at Post '16 will be like
- Weigh up the pros and cons of the different options
- Begin applications for courses at 6th form/college
- If you're interested in apprenticeships then register with www.findapprenticeship.service.gov.uk and explore / apply to vacancies with after June start dates

Next Steps Timeline for Year 11 Pupils

JUNE

- Remember - official school leaving date is the last Friday in June so you can't start an apprenticeship until after then
- Continue revising for exams
- If you have no suitable offers for September, contact the Redbridge Connexions Team on 020 8708 2600 for advice, guidance & support**

MAY

- Have you received an offer for the options you want after Year 11? If you haven't heard from your interview, ring up!
- Due to the 'raising participation age' you will need to stay in education/training until you are 18, so it is very important you secure a suitable Education /Employment/ Training place for September

APRIL

- Create a revision plan that works for you and stick to it
- Make sure you have at least one offer for sixth form/college by now
- Check if there are any additional costs to courses (some might require you to buy equipment or materials) and discuss any support you might need with student advisors

MARCH

- Are you clear about your plans for next year? If not, speak to your Careers Leader to get help from your Careers Adviser / Redbridge Connexions Personal Adviser
- It is still not too late to apply to some 6th forms & colleges but places will be filling up!

FEBRUARY

- Start applying for apprenticeships if this is your main plan
- Check start dates are after June
- Have a sixth form/college place as back-up - just in case you don't get one by end of Aug
- Check School leaver vacancies via www.findapprenticeship.service.gov.uk, apply on employer websites, contact training providers, etc
- Lots of colleges support with finding apprenticeships too

DECEMBER

- Continue finding out about courses and apprenticeships - check out dates of open days/evenings - start attending them
- Revise well for mock exams to get best grades - these grades will be used as "predicted grades" for sixth form/college references

JANUARY

- Review your mock exam results against your option choices
- Is your original idea still realistic?
- Visit sixth form/college open events, make applications if you haven't already done so
- Make sure you have a back-up plan in case your first choice does not work out
- Check Sixth Form closing dates – they are likely to be Jan/Feb but they can vary

Access and Outreach events, Wadham College, University of Oxford

Access to Banking Free, two-year programme for Year 12s interested in Banking

Access to Banking supports pupils to develop the transferable skills needed to study any degree at a top university and to access a successful career in the Banking sector.

The programme includes:

- 5 online sessions to develop key academic and career skills
- 20 hours of 1-1 online A Level tutoring
- 3-day Easter residential at Wadham College
- Interactive sessions with **Barclays Investment Banking** colleagues, including two full-day workshops at their Canary Wharf offices
- Personal statement mentoring
- Free technical support (tailored to you)

Participants must have been eligible for Free School Meals within the last six years, and have an interest in pursuing a banking career after graduation. Please see the website for more details on the eligibility criteria.

While participants may wish to study Maths or Economics at university, we encourage applications from pupils studying a variety of A Level subjects.

For more information and to apply: <https://www.wadham.ox.ac.uk/schools-and-outreach/access-to-banking>

Applications close on 8th December 2023

Explore Chemistry Series

Mondays, 17:15-18:00 (see website for specific dates)

For A Level pupils

A level (or equivalent) Chemistry pupils and teachers are invited to sign up below to a series of enlightening talks by our research chemists, followed by a Q&A.

Talks will be live and the sessions recorded for use afterwards by subscribers if they unable to attend.

For 2023-24, live sessions will be held on Mondays from 17:15-18:00* in order to minimise disruption to the school day. Pupils may attend without a teacher, provided we have a teacher contact and the pupil signs up with a valid school email address.

For more information and how to register: [Career and Research Talks | Department of Chemistry \(ox.ac.uk\)](#)

What Economists Really Do - Lecture Series

Autumn 2023 and Spring 2024 (see website for specific dates) For Economics and Business A-level students

The Department of Economics runs a free online lecture series called '**What Economists Really Do**'. The series is highly applicable to Economics and Business A-Level pupils who would like a 'taste' of what it would be like to study Economics or PPE at university.

- The lectures are streamed live and include a Q&A with an Oxford professor or guest speaker at the end.
- All lectures, including past series, are published on the Department's YouTube channel for anyone to access: [What Economists Really Do - YouTube](#)
- The series is aimed at an audience with an elementary understanding of Economics. Technical terms are broken down into simpler language, ideas are illustrated with presentations and graphs, and our professors are happy to take any question – big or small- at the end.

Online History Skills Workshops

For Y12/13 pupils

The History Faculty offers free online History Skills Workshops to pupils in Years 12 & 13 from across the UK.

Each workshop has three aims:

- To inspire curiosity about the past and enthusiasm for studying history.
- To help pupils to develop the analytical, critical, and imaginative skills that Russell Group universities look for in applicants for humanities degrees.
- To inform and encourage pupils to consider applying to read history at university, including at the University of Oxford.

Workshops include:

- History Research Skills
- Thinking Big: concepts & historiography
- Primary Sources
- An Introduction to History of Art

For more information and to book: <https://history.web.ox.ac.uk/online-history-skills-workshops>



WADHAM
COLLEGE
UNIVERSITY OF OXFORD

**IT'S TIME
TO EXPLORE**
Discover new possibilities



Oxford Brookes University Subject Taster Days 2024

Join our Subject Taster Days to gain first-hand experience of studying at university level and student life. Pupils will have the opportunity to:

- Take part in lectures and interactive academic sessions.
- Experience practical work and engage in discussion on the topics.
- Discover our facilities and student life during a Campus Tour.
- Hear about the career potential of the courses on offer.

Each Subject Taster Day is free to attend and will give pupils insight into a range of courses within a subject area from one of our four faculties: Humanities and Social Sciences, Oxford Brookes Business School, Health and Life Sciences and Technology, Design and Environment.

Entrepreneurs in the Making - 11th March 2024 (Digital Marketing, Marketing Management, Business and Management, Hospitality and Events Management)

During this Taster Day pupils will be tasked with coming up with a business idea for a sustainable, plant-based pop-up food space. Using our new Social Media Hub to help formulate their ideas, pupils must work together to produce a 5-10 minute presentation to showcase their business and a panel of Oxford Brookes Business School lecturers and pupils will give feedback on each presentation.

Throughout the day, Oxford Brookes Business School student ambassadors will also be moving between the groups to offer advice and insights into their business ideas.

Power and Privilege - 27th March 2024 (Law, Criminology, Philosophy, History, Politics and English)

This Taster Day will explore ideas and thinking on the themes of Power and Privilege. We will consider why it's important to scrutinise and challenge conventional thinking of Power and Privilege and approach issues with open minds and fresh ideas. We will explore these themes from a range of perspectives with contributions from academics teaching for example, Law & Criminology, Politics, History & Philosophy and Education. Working in a range of disciplines you will undertake enquiring investigation into the world around us and our relationship to society and power, at the same time building critical and creative thinking skills vital for your future success.

NutriGuess Challenge - Decoding Fat & Sugar - 30th April 2024 (Nutrition)

This Taster Day offers an exploration of interactive elements of Nutrition at a university level. Pupils will explore thematic components present in our undergraduate course, where academics and pupils will be present to share their insights and expertise.

Exploring Adult Nursing - 30th April 2024 (Adult Nursing)

This Taster Day offers an insight into the landscape of Adult Nursing at University. Pupils will explore the multifaceted nature of this discipline, its diverse career trajectories, and the promotional opportunities it presents. They will be able to engage in hands-on learning within a simulated clinical environment, guided by our team of Nursing academics, providing an authentic experience to develop understanding and skills in the field.

Discover Occupational Therapy - 1st May 2024 (Occupational Therapies)

This Taster Day will allow pupils to experience a comprehensive insight into the field of Occupational Therapy at a university level. Engage with key concepts developed by our academic staff as students learn and navigate our diverse modules, explore various career paths and uncover opportunities in the field, all through an interactive lens.

Engineering - 8th May 2024 (Motorsport, Mechanical and Robotics Engineering)

Our Engineering Taster Day will give pupils a practical insight into the different courses we have to offer. They will participate in a variety of activities and explore our technology, like our Motorsport and robotics labs.

Computer Science - 9th May 2024

Our Computer Science Taster Day will give pupils a practical insight into the different courses we have to offer. Pupils will participate in a variety of activities and explore our technology, like our VR Cave.

Art & Design - 15th May 2024

This Taster Day is a great opportunity for pupils to explore careers in the creative industries and serve as an introduction to the Faculty of Technology, Design and Environment. Learners will be provided with an introduction to different career pathways available through meeting Academic staff and current pupils. There will be guided tour of three of our Undergraduate degree programmes end of year exhibitions displaying the work of BA (Hons) Graphic Design , BA (Hons) Photography and BA (Fine Art) across both the Richard Hamilton Building and our Glass Tank Gallery. There will be a wide range of contemporary themes to explore in the exhibitions including some interactive activities.

Architecture and Built Environment - 22nd May 2024

This Taster Day will explore the exhibition work of our current Architecture undergraduates to enable school and college pupils to critically explore key ideas and themes from our units of study as well as interact with those who created the work. The day will include interactive elements led by our team of academics and undergraduates.

Pupils can sign up for these days individually [here](#).



This programme is brought to you by Birmingham Universities Hospitals Trust in collaboration with Medic

Mentor, and it is completely free. Not only is this a reliable alternative to in-person shadowing, but it also plays a significant role in preparing students for their in-person work placements with structured teaching and opportunities to speak directly with healthcare professionals. The opportunity is open to any pupil across the UK from 14 years old and above.

Pupils can apply for a placement, for free at this link: <https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Engineering Development Trust Courses

Our [Virtual Routes into STEM Course](#) is still open for applications. This course is an excellent opportunity for your pupils in Years 9 & 10- S3/S4 who would like to find out about the various educational pathways into a STEM career and will run until 2 August 2024. Pupils can join and complete this course flexibly (approx. time to fully complete is 20 hours). We have some exciting live sessions coming up this month for pupils who are registered on this course which includes – A STEM Professionals panel and Careers Skills session – to view the full timetable click here - [Live Sessions Timetable](#). Please do share this with your students too!

We are still accepting applications for our [Residential Insight into University Course](#) but these will be closing on 31st January 2024 This is a fantastic opportunity for pupils in Year 12-S5/S6 to experience STEM studies at university and the career opportunities that these subjects can lead to. This course is recommended on the UCAS website as a tool to prepare pupils for higher education to make their application stand out.

We are running an extremely Insightful Online Masterclass after school on Tuesday 19th December at 4-5:30pm on 'Your Route to Chartership' which will cover the subject of why they should be thinking about it now and how pupils can become Chartered in their chosen discipline. This is for pupils in Years 12 & 13 – S6.

To view all of the opportunities that we now offer here at EDT please click here - [EDT opportunities 2023/24](#)



Apprenticeship Resources and Opportunities



Apprenticeships with Dunelm

Tues 12th Dec 2023, 3:30pm

Join this exclusive webinar with the Early Careers team from Dunelm to learn more about their amazing apprenticeship opportunities and the exciting range of vacancies available in 2024.

With apprenticeships available across the business, from Finance to Retail, Sustainability to Logistics, Buying & Merchandising to Insight & Analytics, Dunelm is inviting teachers/careers advisers and parents/carers to hear more about the exciting career opportunities available for your pupils/child or for individuals interested in re-training, all in a caring, friendly and supportive environment.

[**BOOK YOUR PLACE**](#)

Virgin Media and O2 careers

You can find a careers information flyer and newsletter [here](#).



4Skills Work Experience Programme

Running until 15th December. Pupils can sign up at any point, and it takes around 10 hours to complete the programme in total.

Completers get a certificate, as well as an invite to a live zoom Q&A session with employees at Channel 4, as they share their experiences of getting into the industry.

Please see poster below and this [promo video](#) is also really helpful to send to provide pupils with more information.

The Parent Perspective Podcast episode 9



EPISODE 9 OUT NOW!

- the final episode in the series - is now LIVE!

In the final episode of this series we're talking about the green agenda and how apprenticeships – particularly in the trade and engineering sectors – can help us hit our targets and live a little more sustainably.

Rachel's guest this week is Santina Bunting, a Level 3 Civil Engineering apprentice in the Geotechnics team at ARUP

Santina discusses her journey into an apprenticeship at 16, what it was like to leave school at a young age and go to work whilst her friends were in sixth form, how she found the apprenticeship with support from her Mum, what the benefits have been and what her advice to others would be. Santina also discusses her future plans to progress into a degree apprenticeship in engineering and what it's been like as a young woman in the sector.

Tune in now on all the usual channels, or by hitting the button below!

[**LISTEN NOW**](#)

Take a look at our fabulous new careers website. Apprenticeships are available throughout the year, with degree apprenticeships available in Autumn.

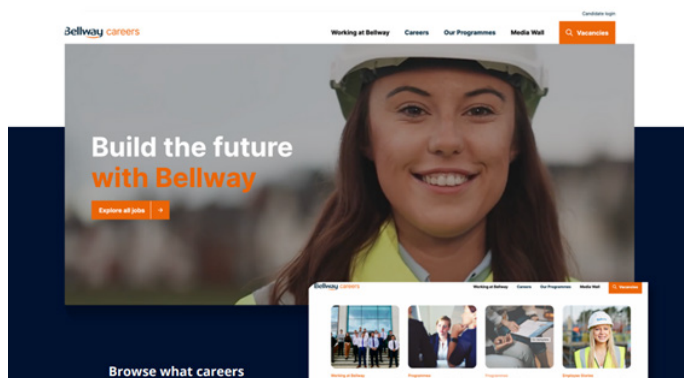
Take a look at our Information Flyer [HERE](#)

Click to listen to Podcasts below

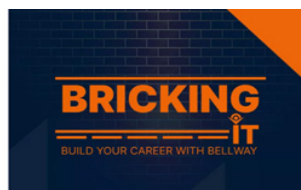
Showcasing our new careers website!




Our **simple, easy to use** layout allows you to access all our available roles, view what programmes we offer and a great new page dedicated to hints and tips and stories to help you in your career journey.



10.05.2023
Podcast: Bricking It



Speakers for Schools

Recorded talks in the Speakers for Schools Inspirational Talks Library can be found [here](#).

The autumn newsletter, with a range of virtual work experience opportunities, can be found [here](#).

If you have questions related to learning pathways, jobs or careers please contact Mr Langford:
d.langford@wansteadhigh.co.uk